

Lake Shore Obstetrics & Gynecology Breastfeeding Resources

Home Care of Newborns & Families, Inc.
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P.O. Box 37
Lake Bluff, IL 60044
www.hcnf.net
(773) 274-0643

North Shore Lactation Consultants
Wilmette
(847) 492-1648

Lactation Associates Inc.
Evanston
<http://lactationassociates.com/index.html>
Kathy Lipke, RNBSN, IBCLC
Jane O'Connor, RN.M.ED, IBCLC
Judy Teibloom-Mishkin, RN, IBCLC
Janelle Landis Khesghi, RN, CNM, IBCLC
(847) 509-8302

The Mother's Milk Co.
Cicero & Chicago near west suburbs
Barbara Hardin, RN, IBCLC
(708) 652-0060

The Art of Breastfeeding
Chicago near west suburbs
Cynthia Guzman, IBCLC
Peggy Healy, MS, IBCLC
(773) 420-7534

Internet Resources

MedlinePlus: Breast Feeding

<http://www.nlm.nih.gov/medlineplus/breastfeeding.html>

Developed by the National Library of Medicine specifically for consumers, this link has trusted government-sponsored and privately-developed health information on breastfeeding and related topics.

National Library of Medicine: Drugs and Lactation Database (LactMed)

<http://toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT>

This NLM database can be searched by drug name to find information about drug levels and effects in both breastfeeding mothers and infants.

Breastfeeding — Best For Baby. Best For Mom

<http://womenshealth.gov/Breastfeeding/index.cfm?page=home>

This website provides tips and suggestions for successful breastfeeding as well as links to additional information.

These resources have been gathered from the pediatricians at Northwestern Memorial Hospital. Please check with your pediatrician first to see if they have a recommended preference.