

### **Outpatient Surgery Patient Instructions**

1. Do not eat or drink anything after midnight on the evening before your surgery. Your physician may instruct you to take certain medications on the morning of your surgery.
2. A staff member from the Outpatient Surgery Center will call you the afternoon before your surgery and give you the time you are to arrive the day of surgery (usually 2 hours prior to the scheduled time of the procedure). If your surgery is scheduled for Monday, they will call on Friday afternoon. If you do not receive a call by 3:00 p.m., call the surgical center to verify your appointment time. 312 472-0600
3. For two weeks prior to the date of surgery, avoid using medications that contain aspirin or non-steroidal anti-inflammatory drugs such as Anacin, Advil, Aleve, Alka Seltzer, Anaprox, Bufferin, Excedrin, Empirin, Indocin, Ibuprofen, Midol, Motrin, and Naprosyn.
4. Wear casual clothing. While in the hospital, you will be wearing a hospital gown. Consider clothing that can be slipped on easily over bandages that may be applied after surgery.
5. Leave jewelry and other valuables at home.
6. You will be asked to remove all make-up, nail polish, hair pins, false eyelashes, eye glasses, contact lenses, hearing aids, dentures (full or partial), and jewelry prior to surgery. Please bring the appropriate storage containers with you.
7. Your surgery is scheduled at Prentice Women's Hospital, 250 E. Superior. Please report to the outpatient surgery unit on the 6<sup>th</sup> floor to register at the arrival time printed below. Please note that the confirmed procedure time the day prior to your surgery is the most updated information.
8. If parking is required, use the parking lot on Superior and St. Clair for Prentice Women's Hospital.
9. When you are discharged from the hospital, you must arrange to be accompanied by a responsible adult who will provide transportation home.

Patient Name:

Procedure Date and Time:

Arrival Time: