

Lake Shore Obstetrics & Gynecology

Occupation: _____ Primary Care Physician: _____

Referred by: _____ Reason for visit today: _____

Have you ever had the following (circle all that apply):

- | | | | |
|-------------------|----------------------------|----------------------------|-------------------------|
| Abnormal Mamm | DVT/PE | High blood pressure | Painful periods |
| Abnormal Pap | Endometriosis | HIV/AIDS | Problem with anesthesia |
| Anemia | Epilepsy | Irregular Vaginal Bleeding | STD : |
| Arthritis | Fibroids- uterus | Irritable Bowel/Colon | Genital Herpes |
| Asthma/Emphysema | Frequent bladder infection | Kidney Disease | Stroke |
| Blood transfusion | Genetic disorder | Liver Disorder | Thyroid-low / high |
| Cancer – type: | GERD | Lupus | Vaginal infections |
| Clotting disorder | Headaches/Migraines | Heart valve disorder | Other: |
| Depression | Heart Disease | Osteopenia | |
| Diabetes (1 or 2) | High cholesterol | Osteoporosis | |

Your most recent	Date	Result	Your most recent	Date	Result
Pap smear			Colonoscopy		
HPV test			Cholesterol check		
Mammogram			Bone Density Scan		

List all surgeries and procedures

Surgery/Procedure	Date	Surgery/Procedure	Date

List all prescriptions, over-the-counter medications, and supplements taken regularly

Medication	Dose	Frequency	Prescribing physician (or over the counter)

List all food, drug, and environmental allergies and the reaction if exposed

Allergy	Reaction	Allergy	Reaction

FAMILY HISTORY If blood relative history unknown, proceed to page 2.

Has any blood relative had the following? Below, indicate "M" for maternal, "P" for paternal (i.e. Mother's mother = "MGM")

Problem	Family Member	Age onset	Problem	Family Member	Age onset
Cancer- breast			DVT/PE/clots		
Cancer- colon			Heart Disease		
Cancer- ovarian			High cholesterol		
Cancer- uterine			Hypertension		
Diabetes, type 1			Thyroid disorder		
Diabetes, type 2			Osteoporosis		

Gynecologic History

Age at first menstruation _____

Menopause? NO YES since age _____

First day of last menstrual period: ___/___/___

How often do you get your period? _____

How many days do your periods last? _____

Do you bleed/spot between periods? NO YES

Age at first intercourse: _____

How many total sexual partners _____

Have you ever been pregnant? NO YES how many _____

How many children have you had? _____

Are they all living? NO YES

Have you had a miscarriage? NO YES how many _____

Have you had an abortion? NO YES how many _____

Have you had an ectopic pregnancy? NO YES

Do you have adopted children? NO YES how many _____

Sexual partners in the past year: _____

Current method of Birth Control: _____

Obstetric History: Please list *all* deliveries, miscarriages, abortions

Date	# weeks	Length of labor (hrs)	Sex	Vaginal/C-section	Birth weight	Complications	Location

Marital Status: Single Engaged Married Divorced Widowed Domestic Partner

Do you currently smoke? NO : Never or Former (quit date: _____) YES: how much per day _____

Do you drink alcohol? NO YES: how much/often _____

Do you use illegal drugs? NO YES: what, how often _____

How much exercise do you do? NONE 1-2x/week 3-4x/week almost daily daily

Do you perform monthly Self Breast Exams? NO YES

Have you experienced sexual or physical abuse in the past or present? NO YES

Calcium intake per day: NONE # servings/day: _____ supplements: _____ mg per day

Please circle any symptoms you are currently having or have recently experienced:

Weight gain	Diarrhea	Leaking urine	Frequent bruising
Weight loss	Constipation	Vaginal discharge	Bleeding easily
Frequent headaches	Blood in stools	Heavy periods	Joint pain
Breast lumps	Nausea/vomiting	Irregular periods	Joint swelling
Nipple discharge	Abdominal pain or bloating	Painful periods	Cough
Breast tenderness/pain	New skin lesions	Bleeding between periods	Wheezing
Chest pain	Changes in moles	Hot flashes	Seasonal allergies
Fainting	Increased urinary frequency	Night sweats	Anxiety
Shortness of breath with exercise	Urinary urgency	Excess hair growth	Depression
	Painful urination	Pain during intercourse	Insomnia