



Online Expectant Parent Education Options:

Understanding Birth, Understanding Breastfeeding, and Understanding Your Newborn

* Registration can be completed online at <https://classes.nm.org/wlp2/classes/search> or by contacting Health Resources at 877-926-4664.

Infant CPR- Online classes available

<https://www.redcross.org/take-a-class/cpr/performing-cpr/child-baby-cpr>

Additional Resources

National Poison Center Hotline

www.illinoispoisoncenter.org
www.illinoispoisoncenter.org/my-child-ate
800-222-1222
Poison advice from experts.

Kids in Danger

www.kidsindanger.org
Publishes monthly e-newsletter about child product safety, recalls, and legislation.

American Academy of Pediatrics

www.healthychildren.org
Health and safety information for parents, including *Car Safety Seats: A Guide for Families* and SIDS guidelines.

CDC: Centers for Disease Control and Prevention

www.cdc.gov/safechild/
How parents and caregivers can play a role in protecting children from injuries. List of child prevention topics.

National Highway Traffic Safety Administration (NHTSA)

www.nhtsa.gov or www.safercar.gov
888-327-4236
Car seat recalls, certified car seat inspection stations, and car seat ease-of-use ratings.

Consumer Products Safety Commission

www.cpsc.gov
800-638-CPSC
Comprehensive listing of product recalls.

Juvenile Products

Manufacturers Association

www.jpma.org
www.babysafetyzone.org
Information about infant safety and products.

Make Safe Happen

www.makesafehappen.com
Safety tips by age, location and risk category. Download the app for additional checklists and set reminders.

Ann & Robert H. Lurie Children's Hospital

312-227-7081
Free certified car seat inspections by appointment

Chicago Fire Department

Public Education Unit

312-747-6691
Free certified car seat inspections by appointment.